



APRIL 2016

# West Boca High BULLSEYE

ALL NEWS, NO BULL



# Letter from the Editor

I don't know when it will hit me that high school is over. It could be when I'm hugging my parents- Mom's tears falling on my shoulder and dad's proud smile beaming at me. It could be when I am forced to drive away from my friend's house for the last time before she moves to a different side of the country, or it could be at the last minute of my last class on the last day of the school year. Naturally, I've been anticipating this moment since my first day freshman year. It all went by so fast...and then sometimes slow. It happened easily, but pretty stressfully. Emotionally -it went by adding new memories and lessons. And although like many of my fellow seniors, I am ready to move on, there are aspects that I will miss. Those of us who are leaving this place do not need advice from someone our own age, so...this is directed towards the underclassmen.

- Don't EVER talk yourself into thinking that homework is a reason to distance yourself from your friends. Balance your time and it will all work out.
- It will be ok. Junior year ends eventually.
- Don't be so judgmental of one another. People change pretty quickly and we are all still learning. So be mindful of these changes and understand that we are all equal.
- Don't fear the unknown. If you want to try something out of your comfort zone, GREAT. You may surprise yourself. It's like how could you know what flavor ice cream you like if you don't try them all, right?
- Be nice. It sounds simple, but us kids are pretty hormonal, passionate, and opinionated. So understand that by being nice you teach others that it is all OK.
- Don't listen to everything your classmates say. Constantly comparing yourself to them won't make you any happier.
- Have fun. Take advantage of your mom's home-cooked meals, your girl's night, your football games, your band concerts, your plays, your academic games and even your classes. Pretty soon you will be where I am and wish you had more of them left.

I don't mean to ramble or lecture, I'm just recently gaining a greater appreciation for these past four years and I really hope you all do to. I would like to thank those of you who actually read the words written in The Bullseye. It has been humbling to see how many of you actually read the paper after finishing your test. Anyway, I wish you all nothing but the best. Remember, it will all be OK!

Stephanie Cornwell  
*Editor-In-Chief*

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**Congratulations  
Class of 2016!**

## Tips to Avoid the Freshmen 15

By Michael Stone  
Staff Writer

1. Do not forget to eat breakfast!
2. Walk to places that are near or on campus
3. Join sports clubs.
4. It is easier to stick to a fitness plan with a friend.
5. Drink lots of water.
6. Make sure to eat dinner early to give your body time to digest.
7. Make sure to stay away from fast food and stick to healthy meals and snacks.
8. Make sure to get sleep (at least 7 hours a night).



Art by Michelle Kumata

## 2016 Pathfinder Nominees

By Stephanie Cornwell  
Editor-in-Chief

The Pathfinder Scholarship Awards are annually presented by the Palm Beach Post to high school seniors in Palm Beach and Martin counties who have demonstrated outstanding achievement in 18 academic, vocational, and athletic categories. These awards are earned through commitment and passion as students develop their talents in their future field of study.

First place winners are awarded a scholarship of \$4,000, second-place gets \$3,000, third-place gets \$2,500 and fourth-place gets \$2,000. Winners will be announced on May 10, 2016 at the Raymond F. Kravis Center for the performing Arts in West Palm Beach. According to the Palm Beach Post, top winners in each category will also receive the special “astrolabe” trophy, a symbol for the path each student may follow in the world and the leadership and direction each may provide for others in the future.

### Congratulations to:

Art- Julia Lopes

Business- Zachary Nelson

Communications- Stephanie Cornwell

Community Involvement- Shawn Jacobson

Computer Science- Brian Levine

Foreign Language- Sabrina Magpantay

Forensics/Speech- Hannah Doyal

History/Political Science- Austin Wright

Literature- Brooke Saban

Mathematics- Chloe Dietz

Music/Instrumental- Justin Thornburg

Reach for Excellence- Amber Clingan

Science- Preet Kumar

Sports- Sydney Rogoff

Technical/Vocational/Agricultural- Stephanie Terriaca

Vocal- Carolyn Castillo

## Success Comes in All Forms

By Stephanie Cornwell

Editor-in-Chief

We are told that if we want something, and work hard enough we will be successful. That is very subjective because who defines success? For some, success may mean money. It may mean getting into a good school or getting a good job, but ultimately success is the accomplishment of a goal. Success, in its most basic form, should be happiness. Once you are happy with your life, you have lived a successful one. Therefore, your life and the decisions you make throughout it do not have to be traditional. If you are not going the traditional four-year university route after graduation, don't stress yourself out; this does not mean you are not bound to live an exciting, adventurous, and happy life.

If you still go on Facebook then you know that every day thousands of kids are getting into their "dream schools." Mothers are posting about their child's commitment to a school, teachers are pushing scholarships, and kids are stressing about sending last minute test scores. This is normal in today's society and it isn't bad. If you have worked hard and take the time

Instead of a 4 year university:

1. Travel- take some time off and explore what you like and what you don't. Time away will allow you to figure out what you want to do in the future.
2. Attend a work college or vocational school- Four year universities aren't for everyone. If you already know what you want to do, attend a school specializing in the field you're interested in like a cosmetology or film school.
3. Find an internship or become an apprentice- The best way to learn is hands on. In an internship or apprentice allows you to get experience in your preferred field as you learn.
4. Volunteer- Find a cause you want to help and start volunteering. Not only will this help your community, but it gives you the opportunity to move up within the charity.
5. Get a job- For some, college is out of the question due to financial reasons. Try to get a job and save up as much as you can to afford college and minimize student loans.

to apply to schools- any school, then you have something to be proud of. If you have gotten in, that's even better. You have paved the way for your next four years, wherever it may be, to make new friends, learn new skills, continue to work hard, and have a ton of new freedoms. To those of you who have been accepted to a school... I say congratulations!

Now, to those of you who have either not been accepted, not bothered to apply, or have no interest in college, there are other options. Yes, a college education is valued. But if it isn't for you, it does not mean that you won't be successful. If you know what you want to do, you may want to consider vocational school. Vocational school offers postsecondary education and training to prepare students for the workforce. Some courses offered in vocational schools are cosmetology, plumbing, carpentry, management, electrical maintenance, and welding.

There is a lot of pressure on students to know what they want to do right away. If you aren't going to

school, you may want to consider taking a gap year. When someone takes a gap year, they are typically taking the first school year after they graduate high school to find themselves. This is done through travel, work, and experimenting in different activities to see what best suits you. Assuming you have the money to travel or a job lined up, a gap year could be a helpful period of time where you tune into what you want to get involved in. This is even recommended by many universities to their incoming freshman, giving them a year to mature and transition into college life.

Whether you are interested in college, vocational school, traveling, working, serving the country or whatever attracts you, you have the power to make yourself successful. There is time to figure it out, and the more we change our minds, the more we learn. You will find your path to success and you will be happy.

## Pep Rally Wrap-Up

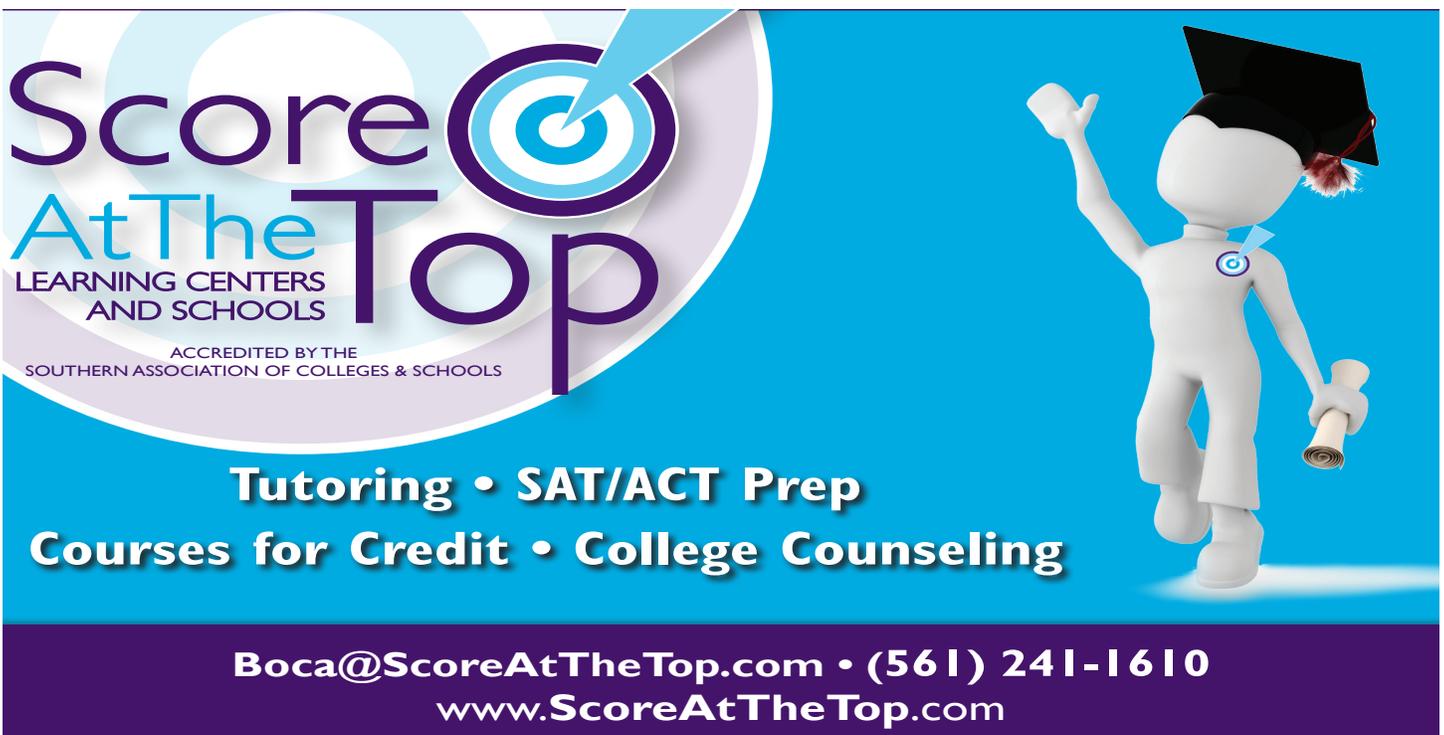
By Jenna Isaacs

*Managing Editor*

With a new principal entering, a new sense of spirit and pride in being a West Boca Bull has taken over the school. This has been shown through the hype that now surrounds the pep rallies held in the gymnasium of the school and the overall participation of students in spirit week. As this year comes to an end, the last pep rally is approaching, which is an exciting yet sad realization for the graduating seniors. Looking back on the four years in this setting, they soon discover that as much as they discuss college and show their excitement to leave, they can't help but feel nostalgic. College is bound to hold many crazy and

over-the-top pep rallies around football season, but nothing will ever replace the moments they experience in high school. At the last pep rally, a ceremony occurs that every student looks forward to when they're as young as a freshman or as old as a senior: the moving up ceremony. The seniors are allowed to stampede out of the gym and leave campus, giving the juniors a chance to take the place of the seniors on the bleachers. Each grade moves to their new spot and claims their place in the school now that the seniors are gone; the juniors now take on the role of their graduating upperclassmen. Being a senior seems surreal to those who believed

it was years away, only to come to terms with college applications and the idea of the leaving the house and being independent. Whether or not you are filled with spirit, be sure to engage in the energizing activities whenever you can; do not let your pride interfere with a chance to have a good time with your fellow classmates. You may regret feeling "too cool" to dress up or paint your face. As this year comes to an end, let yourself be a little wild at the last pep rally, wish your senior friends good luck, and prepare to move up in the high school food chain everyone.



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## Breaking Free: the Shackles of Childhood

Haili McCormick

Staff Writer

You feel the shackles coming apart, rusting away with age and breaking from tension long-held in the chain links. The key isn't made of metal, but paper. And the chains aren't made of iron, but of people and youth and limitations others place upon you. It's strange, looking down at your hands for the first time and realizing they aren't there. They've always been a part of you, a way to define yourself. Only the scars of wear remain, a permanent marking of your past. Now that you're free... how do you proceed?

The transition from childhood to adulthood is a frightening one, and the transition from home-bound high school student to liberated college student even more so. It's different from the simple transition of one age to the next, as it forces change. You can choose your path now, without the permission of another human soul. It's probably been dawning on you for a while now, but with graduation and a move eminent, it really hits you in the deepest part of your gut. Maybe you're afraid of failing in this new life, where you lead yourself around. Maybe you don't want to leave your family. Maybe you're hurting over the

prospect of leaving all of your younger friends behind, the ones that don't get this escape yet. Their shackles, while weakening, are still in place. You can't do anything about this. Or maybe you're overwhelmed with joy and confidence. Whatever the case may be, know that your feelings are completely validated.

Feel anything you want to feel. Cry, scream, dance, or clutch something in fear. It's all okay. It's also okay not to match up to everyone's expectations. You have to get used to being free. Living life without shackles isn't as easy as some might make it out to be. If it's all you've ever known, how can you expect to act without them? As with everything, adulthood is a process, one that is fraught with inevitable mistakes and regrets. Don't let others' expectations, as well as your own, bind you to feeling worthless or unacceptable. Don't lock yourself in your own chains.

Even if the voices of others, be they teachers or friends or family, scream at said mistakes and regrets, that doesn't make those voices right. There is no one path to adulthood. Each has their own process to go through, just as



Art by Haili McCormick

they did or will have. And in this process, you may find your own ways of coping with the changes. Emotional support comes in many forms be it a loved one, an inanimate object, a novel, art, a role-model, yourself, or a community. You may choose how you are assisted in learning to live without chains.

Basically what I'm saying is, take a breath. Relax. It's okay. You're not hopeless. It's fine to stumble. You've never walked without your shackles before.

# Features

	What High School memory stands out the most?	What advice do you have for the Freshmen class?	Any High School confessions?	If you could go back in time what would you change?
 Alison Bohn	When the cops got called on the cheerleaders	Wait 'till senior year to get lazy	No, I'm perfect	I would do better freshmen year
 Evan Miller	Going to bed at 5am	Keep your grades up	I'll be happy to get out of here	I would keep my grades up more
 Matt Hurley	Powder Puff	Actually do your work	Don't worry about it	Go to River

## Senioritis /sēnyə 'rītis/ *noun humorous*

By Anajulia Severino  
Staff Writer

It's true what they tell you, senior year is the most fun, but it can also be the most stressful. Between the excitement for graduation, college applications, and severe "Senioritis"; you start to feel your life changing. The goals you set for yourself start to become more realistic as you start to countdown to the last day of school. When you're finally a senior, you will experience a lot of "lasts": last homecoming, last football game, last pep rally, etc. It will be an emotional year. You'll find yourself reflecting back to your four years in a classroom and looking forward to a completely new life.

College applications are like homework assignments due on a Friday. For those applying to colleges, this will be very time

consuming and stressful. The smart thing to do is to not put it off, because the due dates are much closer than they appear, (it would be a shame if you weren't accepted into Princeton, because you were too busy watching House of Cards).

If you are experiencing laziness, lack of motivation, disregard for studying and homework, excessive absences, and frequent wearing of track pants and sweatshirts, you may have Senioritis. Yes, this is a real thing, very real in fact. Keep in mind that if you struggle with Senioritis, or any of these symptoms, you are not alone.

We have to remind ourselves that the school year is not yet over. What we do until the very last day in a classroom still contributes to

our learning experience. Remember that colleges have a sharp eye on us at all times.

The end of the year for us seniors is extremely bittersweet. Leaving our friends, our school, and our teachers is harder than it seems. It finally clicks in your head that you have spent the last four years with these people, and the thought of possibly never seeing them again may feel unsettling. You may ask any high school senior about how the years in high school go by so fast and they will all give you a similar answer; the only things left on our "high school check-list" is saying goodbye, and wishing the freshmen luck during an incredible "four more years!"

# Sports

## Last Look at Lacrosse

By Matt Gross  
Staff Writer



Photo by Gwendolyn H. Barry

As the regular season for West Boca Lacrosse has come to an end, it is a special time for the team's seniors to look back on the memories they will cherish and never forget. West Boca Lacrosse had a very successful season with a record of (9-5), a (2-3) district record, and clinched a spot in the playoffs, which the team missed out on the previous season. The team is led by Senior Captain Grant Telford, who in his fourth year led the team with an impressive 57 goals and 17 assists. The effectiveness of Telford on offense at putting goals in the back of the net, combined with solid Goalie play from senior Tyler Devita, had West Boca as a tough team to play, and certainly a team to beat. Seniors such as Grant Telford, Tristan Lesser, Alec Gorbell, Tyler Devita, Daniel Tabari, Matt Christopher, and Stephen Santoro looked to leave their mark on the program and led the team to one of the most successful lacrosse seasons the school has ever had. When asked how

it felt to be playing his last year of high school lacrosse, Telford responded by saying, "It feels surreal. It is crazy that it is about to be over, but it was the best season out of the four years I have played." When asked what felt different about this season from previous ones, Telford answered by saying, "We have so many seniors this year [...] so the bond between the kids on the team is very strong." Telford said "It feels like a family this year," as he described the relationship between players on the team. Both on and off the field, the moments made by these special seniors will never be forgotten. With a tight bond between teammates and skillful, hardworking players at every position on the field, West Boca Lacrosse had set themselves up for an unforgettable season. The Bulls look to build off the momentum they had this season, and aim at making the playoffs for a second year in a row.

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